

ST. LOUIS COALITION ON ADDICTIONS

12:00 pm -1:00 pm
Doors open at 11:30 am.
Lunch to precede presentation.

March 11: Reduced Brain Volume and Alcohol Use
A Consequence of Exposure and Predisposition to Use

April 8 : STL County Department of Public Health(Cancelled)
Corrections-based Opioid Use Disorder Treatment

May 13: Places for People
Integrated Treatment for Co-Occurring Disorders

June 10: Panel Discussion
Substance Use and People with Functional Needs

The Coalition on Addictions (COA) meets the second Wednesday of each month at NCADA, 9355 Olive Blvd. in Olivette. Lunch is provided free of charge, courtesy of Alkermes, Inc. A CEU for one contact hour is \$5.00. COA is a service of NCADA and the Community Academic Partnership on Addictions (CAPA is an affiliate organization of the Brown School at Washington University in St. Louis).

Awards Luncheon/ Helen B Madden Award

June 26, 2020 11:30 am – 1:30 pm
Norwood Hills Country Club

Do you know someone who deserves recognition in the field of substance use treatment? Helen B. Madden was a pioneer in the local addiction field, and worked for NCADA from 1965 until her death in 1976. Since 1977, the award has been presented to a local substance use treatment professional who has dedicated their career to bettering this field.



Reservations for luncheon due by June 19th 2020
ncada-stl.org/product/2020-spring-awards-luncheon

NCADA
the place to turn
9355 Olive Blvd., St. Louis, MO 63132



Return service requested

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CALENDAR

For event information and registration: ncada-stl.org/events
Or email Jeanne at jcordingley@ncada-stl.org, or call (314) 962-3456 x-304 (unless otherwise noted in the event listing)

For Updates Check NCADA Website: www.ncada-stl.org/events/

FOR PROFESSIONALS

MAR. 5: ETHICS TRAINING-GRAY MATTER
8:00 am - 12:00 pm - NCADA Training Room
\$30; 3 contact hours approved by the Missouri Credentialing Board and the State Committee for Social Workers, Registration is required by March 2.
MAR. 11-12: HEAR US CONFERENCE
The Hear Us conference is a youth leadership conference where teens unite to use their voices in Jefferson City. Teens are educated on how to advocate for positive change surrounding underage drinking, substance misuse (with an emphasis on vaping and marijuana), and other related issues. They will have a chance to speak face to face with the legislators that represent their neighborhoods and communities. This event is currently sold out. Contact Jaime Hoff at jhoff@ncada-stl.org to be added to the waitlist.
JUN. 8 - 12: TEEN INSTITUTE
Teen Institute for Prevention Leaders (TI) is a powerful, 4-day, 3-night retreat designed to train 75-90 high school students to prevent substance misuse among their peers. This event will be held at Pallottine Renewal Center, 1527 Old Ferry Rd., Florissant, MO

FOR EVERYONE

MARCH 13: TOBACCO TRAINING
2:00 pm - 4:00 pm - NCADA Training Room
Free; Join us for tobacco training, presented by Dr. Amy McQueen, Associate Professor and Co-Director of the Health Communication Research Lab at Washington University. Dr. McQueen will be sharing her recent studies to develop and test novel strategies to increase smoking cessation among low-income smokers in Missouri and beyond. This event is free, but registration is required.

APR. 7: COINS FOR A CAUSE
3:00 pm - 10:00 pm - Up/Down Arcade in the Central West End. All proceeds from token sales will benefit NCADA.

APR. 17: EVERYONE'S AN ASSET BUILDER TRAINING
9:00 am - 1:00 pm - NCADA Training Room
Free; Workshop on how each of us can advance the well-being of the young people around us. This is a highly motivating, interactive workshop that explores the paths everyone can take to increase the number of young people who develop successful careers. This training is required by April 10 in order to attend.

APR. 24: SPRING AWARDS LUNCHEON/ HELEN B MADDEN AWARD
11:30 am - 1:30 pm - Norwood Hills CC
\$35 per person, \$315 for a table of ten
Do you know someone who deserves recognition in the field of substance use treatment? Helen B. Madden was a pioneer in the local addiction field, and worked for NCADA from 1965 until her death in 1976. Since 1977, the award has been presented to a local substance use treatment professional who has dedicated their career to bettering this field. Nominees can be submitted at ncada-stl.org/madden. All nominations must be submitted by March 20, 2020. Reservations for luncheon due by April 17, 2020.

APR. 25: TRIVIA NIGHT – NOSTALGIA
7:00 pm - 10:00 pm - Shrewsbury Rec Center
5200 Shrewsbury Ave, St. Louis, MO
\$35 per person, \$270 for a table of eight. Sponsorships available.

Hooray for ALL IN!

The All In Clayton Coalition applied for and was awarded the Drug Free Communities grant and we can't be more excited! The "DFC" grant, as it's commonly referred to, is awarded to coalitions that have worked hard in their communities to educate and advocate for issues around substance misuse and who wish to further their efforts in preventing substance use among youth. All In joins hundreds of other community coalitions that spend hours assessing the issues in their communities, crafting action plans and initiating prevention strategies that will positively impact change within their community. This is a 5-year grant with the ability to apply for another 5 years following the initial term. The funding awarded allowed All In, a volunteer based coalition, to hire a full-time director as well as implement many other services and programs in the community. We are excited for what the future holds for the All In Coalition and the Clayton community as a whole.

By: Heather Craig



Spring 2020

The newsletter of the
National Council on Alcoholism
and Drug Abuse – St. Louis Area

Tributes & Contributions

August 15, 2019 - January 15, 2020

MAJOR GIFTS

Trailblazer \$20,000+
American Marketing Direct

Champion \$10,000+
Faith Lutheran Church-Oakville
Scott and Emily Brown

Game Changer \$5,000+
Anonymous
Tom and Anne Herrmann
Ron Moser and Janet Eto
W. Grant Williams

Advocate \$1000+
Alkermes Inc.
Dustin Allison
Nancy Bengtson
Bart and Ellen Brnjac
Clinical Collection Management (CCM)
Sandra Herrmann
Brian and Kirsten Hogan
Graybar Electric
Patrick and Diana Kinlen
Gladys Manion Real Estate
F. Stafford H. Manion
Jim and Nancy Murphy
Becky and Dave Nelson
Tod and Terri O'Donoghue
Howard Potratz and Gayle Kirsten
Andy and Chelsea Seeger
John and Mary Straub
Henry and Lynn Watkins

GRANTS RECENTLY RECEIVED

Narcan
Concord Village Lions

Prevention First
Maritz Inc.
Jefferson Foundation
St. Louis Blues for Kids Foundation

Teen Institute
Clifford Willard Gaylord Foundation

Transitional Counseling Program
Siteman Family Foundation

TRIBUTES IN MEMORY OF

Andy Kirn
Mark Leb
The Sunnen Foundation

Caleb Miller
Gladys Miller

Christopher March
Rachel Zink

Dawn Funkhouser
Jim Schmersahl

Howard Kanefield
Tom and Trish Goldberg
Larry and Lisa Zarin

Jack Rudolph
Jane Porchey
Joan Musbach
Gregg and Cindy Lueder
Cindy Leonard
Mary Offner
Al Koepke
Janet Fales
William Colwell
Tim and Ann Wilding
Tom and Linda Meyer

Vinny LoRusso
Steve and Judy Merrit

Zach Schoenberg
Donald and Jannette Helfrich

TRIBUTES IN HONOR OF

Janet Horlacher
Paul Horlacher

Lisa Will-Smith
Faith Sandler

Mary Jo and Wally Horlacher
Paul Horlacher

Nick and Gina Yocco
Malva Yocco

Susan Huddart
Benjamin Sandler

Tom Goldberg
Jeffrey and Harriet Kopolow

INDIVIDUALS

Leonard and Audrey Adreon
Dustin Allison
Mark Barada
Jeanette Bessen
Denise Bielicke

Sandy Brunsman Hughes and
Tom Hughes

Pam Burton
Raquel Cabral
David Christman
Sarah Walsh Dieter
Dan Duncan

Dana Sebastian-Duncan
John and Erika Drake
Jim and Audra Eisenbeis
Tom Etling

William Ford
Judy Garcia
Chris Garlich
Darcy Glidewell
JB and Deb Gorgen
Carl and Laura Greiner
Diann and Jim Gross
Albert Hamel

Sue Hansard
Sherry Heard
John and Diane Hefe

Jennifer Jones

Chris Kallaos

Sam Kampert

Dick Knight

Emily Krafve

Paul and Joan Kutz

Christopher and Dana LaBarge

Larry and Cathy Langland

James and MaryAnn Lemonds
Rob and Peggy Libera
Larry Libera
Larry Manion
Suneal Menzies
Connie Metz
Peyton Mogley
Kevin and Lynda Moran
Donald and Mary Murphy
Hal Olsen

Art Oppenheim
Katie Otto
Peter and Meredith Perkins
David and Geri Peters
Guy and Kim Phillips
Leah Picker
Celeste and Steve Player
Darrel and Kathy Reimer-Pollard
Jon and Cynthia Rill

Marge Ritchie

Ray Robbins

Phil and Kay Roush

Loree and Rodney Rowe

Amy Santhuff-White

Roger and Peggy Scheppers

Wally Schmieder

Adrienne Schlake

Harry and Donna Schroeder

David and Jamie Sentnor

Alyssa Simko

Marty and Karen Stein

Michael Steinberg

Charles Stewart

Carolyn Stevens Amstutz

Debbie and Michael Strobl

Don Szydowski

Roxanne Tirpak Mach

Jessica Tourre

Dick Ulett

Jerry Walsh

Tom Weissert

Karen West

Kate Wyland

Malva Yocco

Julie Eagles Zapor

CORPORATIONS, FOUNDATIONS & ORGANIZATIONS

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Charities Aid Foundation of America

Christian Hospital

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Raquel Cabral

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Easter Seals Midwest

Adrienne Eagles

Rachel Federman

Vickie Foster

Elizabeth Freeman

Laura Greiner

Rhoda Hale

Carmen Heard

Tom Heard

Haley Martin

Randy Mellovitz

Abby Mellovitz

Taylor Osuji

Doris Patzius

Nick Petersen

Ann Roberts

Lisa Wagner-Daegling



Beginning Our Journey to ColorBravery

For the last 55 years, NCADA has promoted the idea that addiction is a disease that should be addressed head-on. That it should not be ignored in the hopes that it will “go away” nor should it be accepted as a “given.” We challenge institutions to do better for those with substance use disorder, and to treat folks humanely. We have launched statewide campaigns and made commercials teaching caregivers how to “talk about” alcohol and other drugs with their children. We teach teenagers how to confront their friends who

are using in a caring way. We preach the value of “courageous conversations” when it comes to substance use disorder. And yet, for my tenure at NCADA (12 years), I’m ashamed to admit that we have been a bit hypocritical. We haven’t had “courageous conversations” about perhaps the biggest elephant in the room: racism. To our credit, and to the credit of those who came before me, we tried. We’ve talked at length about how to better serve our clients. We’ve talked about the need to have a staff and Board that better reflects the people we serve and talked about how to recruit staff of color. We’ve held professional development trainings on poverty, trauma and toxic stress. We’ve created a robust non-discrimination statement and added it to our policy manual and our website.

Despite all of those efforts, we didn’t do the real work to un-center whiteness at NCADA. We didn’t challenge how our institution is created and structured. We didn’t question how our system gave opportunities to some, while overlooking others. We didn’t encourage “courageous conversations” about race amongst our staff. We didn’t allow our staff the space to discuss the racial injustice that dominates the headlines. We didn’t disaggregate our program data by race (or gender) to ensure that our outcomes are the same. We didn’t examine our staff engagement at a deeper level, and we didn’t probe to see whether our staff satisfaction varied by race. And our white staff (including me) certainly did not learn about our privilege and how to use that privilege to be anti-racist.

But now it’s time for change.

Thankfully, some long time employees (and a few zillennials) had the courage to agitate and challenge the status quo by nudging me into action. They have pushed me to use my privilege—as a white person in power—to address racism and racial equity head-on at NCADA.

We currently are participating in the United Way’s, “Building a Framework for Advancing Racial Equity” pilot program, designed to help select member agencies take system-level action.

- Establish a common language within NCADA for diversity, equity, and inclusion (DEI) terms.
- Update our procurement policy to reflect a racial equity lens.
- For the first time in our history, include a budget line item for diversity, equity, and inclusion work.
- Build capacity to disaggregate data by race and gender by hiring a Data Specialist to enter more of our programmatic data.
- Create a “lending library” in the break room to provide DEI books and resources for staff.
- Survey staff perspective on the racial climate at NCADA.



Kerry James Marshall

Past Times 1997

We have engaged with Undo Bias, a consulting firm, to accompany us in our work. They have led us in various caucusing exercises and have helped us create an internal Racial Equity Committee. The Committee is composed of 8 staff, plus me. Their self-identified goals are: to create a process by which staff can confidentially report critical incidents of intolerance; provide “lunch and learns” on various DEI—related topics; and encourage staff to be “colorbrave.”

And now our real work begins. Because now that we have addressed the elephant in the room, we must do something about it. Our internal goal is to eliminate the disparity of employee experiences at NCADA, from hiring to retiring, within 3 years. We have identified internal benchmarks and developed outcomes to measure our success and track our progress. We realize this a lofty goal. But staff at NCADA staff are scrappy and determined. We set ridiculously high goals and then we move mountains to achieve them. This isn’t a trend, and it’s not a knee-jerk reaction to satisfy funders or some disgruntled staff. This work is the right thing to do and it’s long overdue. Feel free to hold me, and the rest of the Agency, accountable.



7:00 pm – 10:00 pm
Shrewsbury Rec Center

5200 Shrewsbury Ave, St. Louis, MO 63119

\$35 per person, \$270 for a table of eight. Sponsorships available.

Thank You for Your Support

As NCADA looks to 2020, we want to sincerely thank our employees, Board members, donors, and volunteers for your support in 2019. Your hard work, volunteer hours, and financial donations make possible programs that equip our youth with knowledge and skills that empower them to make better choices throughout their teen years and enjoy a life free of the problems associated with substance misuse.

We appreciate the community partners and coalitions that stand beside us as we work to reduce the harms of substance use through education, intervention, and advocacy. Substance use disorders cut across all demographics. They do not discriminate, and effectively combatting the destructive impact on our community requires the strong partnerships that we continue to grow. With everyone working together, prevention works and recovery is possible.

Gratefully,

Alicia Smith
Director of External Affairs